

# HAVE A HEALTH PROBLEM THAT CAN'T WAIT?

**MODIFIABLE  
TEMPLATE**

01.

We offer **same-day in-person appointments** for issues such as urinary tract infections, sore throats, and ear infections.

**Reach out to us in the morning for same-day access to care.**

02.



Please note that these appointments are not for matters such as medication refills, forms, or follow-up visits.

03.



**Not sure if it's urgent?**

**Call 811** for personalized assistance

04.

## After Hours:

Call our on-call service at **250-\*\*\*-\*\*\*\*** for immediate health concerns.



05.

## Pharmacist Support:

Your community pharmacist may be able to prescribe for common health issues and help with medication refills. Book an appointment online - scan the QR code!



06.



If you or another individual is in immediate danger and requires urgent assistance, do not hesitate—dial **9-1-1** without delay.

07.

**Please, spread respect. Our team works hard to support you. Patience, kindness and mutual respect go a long way - thank you!**

RESPECT

RESPECT

**MODIFIABLE  
TEMPLATE**

# Same-Day Access at Your Primary Care Provider's Office



We offer in-person same-day appointments for issues like:

- Urinary Tract Infections
- Sore Throats
- Ear Infections



Contact Us

(250)\*\*\*-\*\*\*\*

Contact us early in the morning to check availability—while we strive to accommodate urgent needs, appointments are not guaranteed.

**Note:** These visits are not for matters such as medication refills, forms, or follow-ups.

**After Hours:** Call our on-call service at **250-\*\*\*-\*\*\*\*** for immediate health concerns. This is not for refills or follow-ups.

## Not Sure If It's Urgent?

Connect with **8-1-1** for personalized assistance. Speak to a navigator who can guide you to reliable health information or connect you with a health professional

## Other Resources



**8-1-1** for health advice



**Crisis Line** for mental health support (24/7)  
1-888-494-3888

**UPCCs** (Urgent and Primary Care Centres) **for same-day care if not available in-clinic:**



**Medical Arts UPCC**  
778-766-5144



**Central Nanaimo UPCC**  
1-833-688-8722



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**NEW  
VERSION**

**MODIFIABLE  
TEMPLATE**

# HAVE A HEALTH PROBLEM THAT CAN'T WAIT?

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I offer **same-day in-person appointments** for issues such as urinary tract infections, sore throats, and ear infections.

**Reach out to the clinic in the morning for same-day access to care.**

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